



CURRICULUM VITAE
Irismar Reis de Oliveira, MD, PhD

Institutional information

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Educational Background

1972-1978: Medical Course at the School of Medicine, Federal University of Bahia, Brazil.
1979-1980: Medical Residency at the Brazilian Institute for Investigation of Chest Diseases.
1983-1987: Fellow of Psychiatry at Cochin Port-Royal Faculty of Medicine, René Descartes University, Paris V (1983-1985 at Professor P. PICHOT's "Clinique des Maladies Mentales et de l'Encéphale" and 1986-1987 at Dr. ROBERT's Service), "Centre Hospitalier Sainte-Anne", Paris, France.
1993-1995: Ph.D. in Neuropsychopharmacology at the Post-Graduation Unit of the Department of Medicine, School of Medicine, Federal University of Bahia.

Professional Activities

1981-1991: Assistant Professor of Pharmacology at the Department of Pharmacology, Federal University of Bahia [During this period, I obtained permission to travel to Paris (1983-1987) to obtain a Certificate as a fellow in Psychiatry].

1992-1996: Associate Professor of Pharmacology at the Department of Pharmacology, Federal University of Bahia, Brazil.

1997-1999: Adjunct Professor of Psychiatry at the Department of Psychiatry, Federal University of Bahia, Brazil.

2000-2009: Chair of the Psychiatry Service, University Hospital, Federal University of Bahia, Brazil.

2000-2009: Full Professor of Psychiatry, Department of Neuropsychiatry, School of Medicine, Federal University of Bahia, Brazil (Retired in August, 2009).

2000-present: Professor (voluntary activity), Post-Graduation Program, Neurosciences Unit, Federal University of Bahia, Brazil.

Relevant Contribution

Development of Trial-Based Cognitive Therapy, a branch of Beckian Cognitive Behavioral Therapy, currently taught worldwide, but mainly in the USA and in Brazil.

Associations and societies

Association of Behavioral and Cognitive Therapies (ABCT): member

Academy of Cognitive Therapy (Founding Fellow)

Associação Brasileira de Psiquiatria (Brazilian Association of Psychiatry): member

International Association of Cognitive Psychotherapy: member

Federação Brasileira de Terapias Cognitivas (Brazilian Federation of Cognitive Therapies): member

Books

1. **de Oliveira IR** (2017) *Becoming a Master of the Mind* (manuscript to be submitted).
2. **de Oliveira IR** (2016) *Trial-Based Cognitive Therapy: Distinctive Features*. Routledge.
3. **de Oliveira IR** (2015) *Trial-Based Cognitive Therapy: A Manual for Clinicians*. Routledge: New York.
4. **de Oliveira IR**, Scwartz T, Stahl SM (2014) *Integrating Psychotherapy and Psychopharmacology: A Handbook for Clinicians*. Routledge, New York.
5. **de Oliveira IR** (2012) *Standard and Innovative Strategies in Cognitive Behavior Therapy*. Intech, Croatia.
6. **de Oliveira IR**, Rosário MC, Constantino E (2007) *Princípios e Prática em Transtornos do Espectro Obsessivo-Compulsivo*. Guanabara Koogan, Rio de Janeiro.
7. de Sena EP, Quarantini LC, Miranda-Scippa A, **de Oliveira IR** (2010) *Irismar – Manual de Psicofarmacologia Clínica*, 3ª edição, Medbook, Rio de Janeiro.

Articles

1. **de Oliveira IR**, Matos-Ragazzo AC, Zhang Y, Vasconcelos NM, Velasquez ML, Vila-Nova I, Reis D, Ribeiro MG, Rocha MM, Rosario MC, Cecil CAM (2017) *Disentangling the mental health impact of childhood abuse and neglect: A replication and extension study in a Brazilian sample of high-risk youth* (manuscript in preparation).
2. **de Oliveira IR**, Matos AC, Ribeiro MG, Velasquez ML (2015) *Changing Adolescent Dysfunctional Core Beliefs with Group Trial-based Cognitive Training (G-TBCT): Proposal of a Preventative Approach in Schools*. **Current Psychiatry Reviews**, **11**, 1-14.
3. Morrison AS, Potter CM, Carper MM, Kinner DG, Jensen D, Bruce L, Wong J, **de Oliveira IR**, Sudak DM, Heimberg RG (2015) *The Cognitive Distortions Questionnaire (CD-Quest): Psychometric Properties and Exploratory Factor Analysis*. **International Journal of Cognitive Therapy**, **8(4)**, 287–305.
4. **de Oliveira IR**, Seixas C, Osório FL, Crippa JAS, Menezes IG, Pidgeon A, Sudak D, Wenzel A (2015) *Evaluation of the Psychometric Properties of the Cognitive Distortions Questionnaire (CD-Quest) in a Sample of*

Undergraduate Students. **Innovations in Clinical Neuroscience**, **12(7-8)**:20-27.

5. Gattaz WF, Campos JA, Lacerda AL, Henna E, Ruschel SI, Bressan RA, **de Oliveira IR**, Rocha FL, Grabowski HM, Sacomani E Jr, Louzã MR, Quevedo J, Elkis H, Zorzetto Filho D, Périco CA, Lawson FL, Appolinário JC (2014) *Switching from oral risperidone to flexibly dosed oral paliperidone extended-release: core symptoms, satisfaction, and quality of life in patients with stable but symptomatic schizophrenia: the RISPALI study*. **Curr Med Res Opin**. **30(4)**:695-709.
6. Galvão-de Almeida A, Quarantini LC, Tartagliani AG, Lyra AC, Parise CL, Paraná R, **de Oliveira IR**, Miranda-Scippa A, Guindalini C (2014) *Serotonin-1A receptor CC genotype is associated with persistent depression related to interferon-alpha in hepatitis C patients*. **Gen Hosp Psychiatry**. **36(3)**:255-260. doi: 10.1016/j.genhosppsy.2013.12.007.
7. Henrique-Araújo R, Osório FL, Gonçalves Ribeiro M, Soares Monteiro I, Williams JB, Kalali A, Alexandre Crippa J, **de Oliveira IR** (2014) *Transcultural Adaptation of GRID Hamilton Rating Scale For Depression (GRID-HAMD) to Brazilian Portuguese and Evaluation of the Impact of Training Upon Inter-Rater Reliability*. **Innovations in Clinical Neuroscience**. **11(7-8)**:10-18.
8. Galvao-de Almeida A, Araujo Filho GM, Berberian Ade A, Treznsniak C, Nery-Fernandes F, Araujo Neto CA, Jackowski AP, Miranda-Scippa A, **Oliveira IR** (2013) *The impacts of cognitive-behavioral therapy on the treatment of phobic disorders measured by functional neuroimaging techniques: a systematic review*. **Rev Bras Psiquiatr**. **35(3)**:279-83.
9. Powell VB, de Oliveira OH, Seixas C, Almeida C, Grangeon MC, Caldas M, Bonfim TD, Castro M, Galvão-de-Almeida A, Moraes RO, Sudak A, **de Oliveira IR** (2013) *Changing core beliefs with trial-based cognitive therapy may improve quality of life in social phobia: a randomized study*. **Revista Brasileira de Psiquiatria**. **35**:243-247.
10. **De Oliveira IR** (2013) *An interview with Irismar Reis de Oliveira, section editor for clinical psychology and psychotherapy*. **BMC Psychology**. **1**:1-4.
11. Maia-de Oliveira JP, Trzesniak C, **de Oliveira IR**, Kempton MJ, Rezende TM, Iego S, Baker GB, Dursun SM, Machado-de-Sousa JP, Hallak JE (2012) *Nitric oxide plasma/serum levels in patients with schizo-*

- phrenia: a systematic review and meta-analysis. **Rev Bras Psiquiatr.** **34(Suppl. 2):**S149-155.
12. de Araújo AN, de Sena EP, **de Oliveira IR**, Juruena MF. (2012) Antipsychotic agents: efficacy and safety in schizophrenia. **Drug Health Patient Saf.** **4:**173-180.
 13. Nery-Fernandes F, Rocha MV, Jackowski A, Ladeia G, Guimarães JL, Quarantini LC, Araújo-Neto CA, **de Oliveira IR**, Miranda-Scippa A (2012) Reduced posterior corpus callosum area in suicidal and non-suicidal patients with bipolar disorder. **J Affect Disord.** **142(1-3):**150-5.
 14. Mattos P, Louzã MR, Palmirini AL, **de Oliveira IR**, Rocha FL (2013) A Multicenter, Open-Label Trial to Evaluate the Quality of Life in Adults With ADHD Treated With Long-Acting Methylphenidate (OROS MPH): Concerta Quality of Life (CONQoL) Study. **J Atten Disord.** **17:**444-448. doi: 10.1177/1087054711434772
 15. **de Oliveira IR**, Hemmany C, Velasquez M, Duran EP, Di Sarno E, and Alves GL, on behalf of the Brazilian TBTR Study Group (2012) Efficacy of the Trial-Based Thought Record (TBTR) as a strategy to change core beliefs, expressed as self-criticism: A transdiagnostic observation of TBTR's first use by newly trained versus experienced therapists. **CNS Spectrums**, **17(1):**16-23.
 16. Baldaçara L, Nery-Fernandes F, Rocha M, Quarantini LC, Rocha GG, Guimarães JL, Araújo C, **de Oliveira IR**, Miranda-Scippa A, Jackowski A (2011) Is cerebellar volume related to bipolar disorder? **J Affect Disord.** **135(1-3):**305-309.
 17. Seixas C, Miranda-Scippa A, Nery-Fernandes F, Andrade-Nascimento M, Quarantini LC, Kapczinski F, **de Oliveira IR** (2011) Prevalence and clinical impact of eating disorders in bipolar patients. **Rev Bras Psiquiatr.** **34(1):**66-70.
 18. Juruena MF, de-Sena EP, **de Oliveira IR** (2011) Sertindole in the management of schizophrenia. **J Cent Nerv Syst Dis**, **3:** 75–85.
 19. Almeida C, Wenzel A, de Carvalho CS, Powell VB, Araujo-Neto C, Quarantini LC, **de Oliveira IR** (2012) Amygdalar volume in borderline personality disorder with and without co-morbid posttraumatic stress disorder: A meta-analysis. **CNS Spectrums** **17:**70-75.
 20. **de Oliveira IR**, Powell VB, Caldas M, Seixas C, Almeida C, Bomfim T, Grangeon MC, Castro M, Galvão-de-Almeida A, Moraes RO, Wenzel A, Sudak A (2012) Efficacy of the Trial-Based Thought Record (TBTR), a new cognitive therapy strategy designed to change core beliefs, in social phobia: A randomized controlled study. **J Clin Pharm Ther.** **37(3):**328-334.
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 22. **de Oliveira IR** (2011) Kafka's trial dilemma: proposal of a practical solution to Joseph K.'s unknown accusation. **Med Hypotheses**, **77:**5-6.
 23. Louzã MR, Elkis H, Ruschel S, **de Oliveira IR**, Bressan RA, Belmonte-de-Abreu P, Grabowski H, Appolinário JC (2011) Long-acting injectable risperidone in partially adherent and nonadherent patients with schizophrenia. **Neuropsychiatr Dis Treat**, **7:**391-398.
 24. Galvão-de Almeida A, Quarantini LC, Sampaio AS, Lyra AC, Parise CL, Paraná R, **de Oliveira IR**, Koenen KC, Miranda-Scippa A, Guindalini C (2011) Lack of association of indoleamine 2,3-dioxygenase polymorphisms with interferon-alpha-related depression in hepatitis C. **Brain Behav Immun**, **25:**1491-1497.
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 27. Galvão-de-Almeida A, Miranda-Scippa A, **de Oliveira IR**, Quarantini L (2011) Interferon-alpha as an appropriate model of substance-induced depression (letter to the editor). **Psychosomatics** **52:**95-95.
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- Oliveira IR** (2010) Hippocampal volume in borderline personality disorder with and without co-morbid posttraumatic stress disorder: A meta-analysis. **European Psychiatry**, **26(7)**:452-456.
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 30. Grangeon MC, Seixas C, Quarantini LC, Miranda-Scippa A, Pompili M, Steffens DC, Wenzel A, Lacerda AL, **de Oliveira IR** (2010) White matter hyperintensities and their association with suicidality. **Psychiatry Weekly**, vol. 5, Issue 28, November 15.
 31. Trzesniak C, **de Oliveira IR**, Kempton MJ, Galvão-de Almeida A, Chagas MH, Ferrari MC, Filho AS, Zuardi AW, Prado DA, Busatto GF, McGuire PK, Hallak JE, Crippa JA (2010) Are cavum septum pellucidum abnormalities more common in schizophrenia spectrum disorders? A systematic review and meta-analysis. **Schizophrenia Research** **125**:1-12.
 32. Serafini G, Pompili M, Innamorati M, Fusar-Poli P, Akiskal HS, Rihmer Z, Lester D, Romano A, **de Oliveira IR**, Strusi L, Ferracuti S, Girardi P, Tatarelli R. (2011) Affective temperamental profiles are associated with white matter hyperintensity and suicidal risk in patients with mood disorders. **Journal of Affective Disorders** **129**:47-55.
 33. Quarantini LC, Miranda-Scippa A, Nery-Fernandes F, Andrade-Nascimento M, Galvão-de-Almeida A, Guimarães JL, Teles CA, Netto LR, Lira SB, **de Oliveira IR**, Post RM, Kapczinski F, Koenen KC (2010) The impact of comorbid posttraumatic stress disorder on bipolar disorder patients. **Journal of Affective Disorders**. **123**:71-76.
 34. Almeida AG, Quarantini LC, Batista-Neves S, Lyra AC, Paraná R, **de Oliveira IR**, Miranda-Scippa A, Guindalini C. (2010) Is the interferon-alpha-triggered depressive episode a self-limited kind of depression? Four cases of persistent affective symptoms after antiviral treatment in HCV-infected individuals. **World Journal of Biological Psychiatry** **11**:914-918.
 35. Galvão-de-Almeida A, Guindalini C, Batista-Neves S, **de Oliveira IR**, Miranda-Scippa A, Quarantini LC (2010) Can antidepressants prevent interferon-alpha-induced depression? A review of the literature. **General Hospital Psychiatry** **32**:401-405.
 36. Grangeon MC, Seixas C, Quarantini LC, Miranda-Scippa A, Pompili M, Steffens DC, Wenzel A, Lacerda AL, **de Oliveira IR** (2010) White matter hyperintensities and their association with suicidality in major affective disorders: a meta-analysis of magnetic resonance imaging studies. **CNS Spectrums** **15**:375-381.
 37. Castro M, Kraychete D, Daltro C, Lopes J, Menezes R, **de Oliveira IR** (2009) Comorbid anxiety and depression disorders in patients with chronic pain. **Arquivos de Neuro-Psiquiatria** **67**:982-985.
 38. Quarantini LC, Powell VB, Nery-Fernandes F, **de Oliveira IR**, Miranda-Scippa A. (2009) Bipolar patients treated for hepatitis C with interferon alpha. **Revista Brasileira de Psiquiatria**. **31(1)**:80-81.
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 40. **de Oliveira IR**, Nunes PM, Coutinho DM, de-Sena EP (2009) Review of the efficacy of placebo in comparative clinical trials between typical and atypical antipsychotics. **Revista Brasileira de Psiquiatria** **31**:52-56.
 41. **de Oliveira IR**, Elkis H, Gattaz WF, Chaves AC, de-Sena EP, Souza FGM, Campos JA, Bueno JR, Costa-e-Silva JA, Louzã MR, Abreu PB (2009) Aripiprazole for Patients with Schizophrenia and Schizoaffective Disorder: an Open-Label, Randomized, Study versus Haloperidol. **CNS Spectrums** **14**:93-102.
 42. Vania Bitencourt Powell VB, Abreu N, **de Oliveira IR**, Sudak D (2008) Cognitive-behavioral therapy for depression. **Revista Brasileira de Psiquiatria** **30** (Suppl 2):s73-s80.
 43. **de Oliveira IR** (2008) Trial-Based Thought Record (TBTR): Preliminary data on a strategy to deal with core beliefs by combining sentence reversion and the use of an analogy to a trial. **Revista Brasileira de Psiquiatria** **30**:12-18.
 44. Batista-Neves SC, Quarantini LC, de Almeida AG, Bressan RA, Lacerda AL, **de Oliveira IR**, Paraná R, Miranda-Scippa A (2008) High frequency of unrecognized men-

- tal disorders in HCV-infected patients. **General Hospital Psychiatry** 30:80-82.
45. Del Porto JA, de Mello AF, Kerr-Correia F, dos Santos A, Moreno RA, dos Santos CHR, Chaves AV, Versiani M, Nardi AE, **de Oliveira IR**, Ribeiro MG, Kapczynski F, Gazalle F, Frey B, Tamai S (2007) Fluvoxamina no transtorno depressivo maior: um estudo multicêntrico aberto (Fluvoxamine for major depression: an open label multicenter study). **Jornal Brasileiro de Psiquiatria** 56:17-22.
 46. **De Oliveira IR** (2007) Trial-based thought records (TBTR). **Advances in Cognitive Therapy** 9:1-4.
 47. Claudino AM, **de Oliveira IR**, Appolinario JC, Cordas TA, Duchesne M, Sichieri R, Bacaltchuk J (2007) Randomized, double-blind, placebo-controlled trial of topiramate plus cognitive-behavior therapy in binge eating disorder. **Journal of Clinical Psychiatry** 68:1324-1332.
 48. **De Oliveira IR** (2007) Are sleep disorders a cause or a consequence of depression? **Medi-cograhia** 29:64-65.
 49. Santana R, Castro-e-Silva E, **De Oliveira IR**, Fregoneze JB (2007) Effects of acute heat exposure on prosencephalic c-Fos expression in normohydrated, water-deprived and salt-loaded rats. **Brain Research** 1141:133-146.
 50. Ribeiro MG, **de Oliveira IR**, Santana RC, Costa DT, Quarantini LC, Castro-e-Silva E, Fregoneze JB (2007) c-Fos expression identifies brain areas activated in response to nortriptyline. **Molecular Psychiatry** 12:613-615.
 51. Almeida AG, Quarantini LC, Góis CR, Santos-Jesus R, Miranda-Scippa AMA, **de Oliveira IR**, Prado HS, Leckman JF, Rosário MC (2007) Obsessive-compulsive disorder: An open-label pilot trial of escitalopram. **CNS Spectrums**. 12:519-524.
 52. **De Oliveira IR** (2007) Sentence-reversion-based thought record (SRBTR): a new strategy to deal with "yes, but..." dysfunctional thoughts in cognitive therapy. **European Review of Applied Psychology** 57:17-22.
 53. Costa AMN, Lima MS, Faria MP, Mari JJ, **de Oliveira IR**, Rodrigues-Filho S (2007) A naturalistic, nine-month follow-up, comparing olanzapine and conventional antipsychotics on sexual function and hormonal profile for males with schizophrenia. **Journal of Psychopharmacology** 21:165-70.
 54. Costa AM, Lima MS, Tosta-Filho SR, **De Oliveira IR**, De-Sena EP, Mari JJ (2006) Hormone profile in acute psychotic disorders: a cross-sectional comparison of serum hormone concentration in treated and untreated male patients with schizophrenia. **Current Therapeutic Research** 67:350-363.
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- bilidade e expressão clínica de doenças psiquiátricas. **Revista de Psiquiatria do Rio Grande do Sul** 28:178-185.
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- outcome: a meta-analysis of published studies. **Revista Brasileira de Psiquiatria** **22**:51-56.
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